

## **PRACTITIONER MINIMUM STANDARDS & HP EXPECTATIONS**

Outline of discipline-specific minimum standards and high-performance expectations regarding personnel qualifications, accreditations and experience.

### **Head of Performance Services / SSSM Manager**

| <b>Minimum Requirements</b>                                  | <b>High Performance Expectations</b>                |
|--------------------------------------------------------------|-----------------------------------------------------|
| Relevant professional qualification and discipline expertise | Demonstrated leadership of multidisciplinary teams  |
| Experience in elite SSSM / PS environments                   | Strategic program development and system leadership |
| Demonstrated leadership and people management capability     |                                                     |

### **Medical Practitioners**

The table below covers those holding roles as either:

- a) Chief Medical Officer (CA)
- b) State Medical Officer (STAs)
- c) Medical Officer (National Teams or STAs)

| <b>Minimum Standards</b>                                                                                    | <b>High Performance Expectations</b>                                                                                |
|-------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
| AHPRA registration                                                                                          | Fellow of the Australasian College of Sport and Exercise Medicine (ACSEP)                                           |
| Professional indemnity insurance                                                                            | 3+ years' Sports Medicine experience with elite athletes or teams                                                   |
| Affiliated with a specialist medical college as a fellow or registrar.<br>(preferably ACSEP / RACGP / ACEM) | Demonstrated success working collaboratively within a multidisciplinary team in cricket or another elite sport      |
| Advanced emergency on-field management training (CA's Emergency Medicine Course or equivalent)              | Experience presenting at conferences; actively contributing to professional development opportunities and research. |
| Completion of the SIA Medical Practitioner course & annual update                                           |                                                                                                                     |

The below table covers those holding roles as:

- d) Match Day Doctor

| <b>Minimum Standards</b> | <b>High Performance Expectations</b>                                                                    |
|--------------------------|---------------------------------------------------------------------------------------------------------|
| AHPRA registration       | Affiliated with a specialist medical college as a fellow or registrar (preferably ACSEP / RACGP / ACEM) |

|                                                     |                                                                                                                                                    |
|-----------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| Professional indemnity insurance                    | Experience in elite sport match day medical coverage                                                                                               |
| Knowledge of antidoping regulations in sport (WADA) | Advanced emergency on-field management training (CA's Emergency Medicine Course or equivalent ie. MOST course / Rugby Emergency Management Course) |
| CPR qualifications                                  | Completion of the SIA Medical Practitioner course & annual update                                                                                  |

### Physiotherapy

| Minimum Standards            | High Performance Expectations                                                                         |
|------------------------------|-------------------------------------------------------------------------------------------------------|
| AHPRA registration           | ACP Sports & Exercise Physiotherapist or Musculoskeletal Title-holder                                 |
| Advanced CPR / First Aid     | Advanced emergency on-field management training (CA's Emergency Medicine Course or equivalent)        |
| Experience in sport settings | 5+ years of sports physiotherapy experience including experience working with elite athletes or teams |

### Massage / Myotherapy

| Minimum Standards                                                                   | High Performance Expectations                    |
|-------------------------------------------------------------------------------------|--------------------------------------------------|
| Advanced Diploma in Remedial Massage or Myotherapy                                  | Experience working with elite athletes and teams |
| Accreditation with a relevant and recognised professional body (MMA, AMT, MAA, etc) |                                                  |

### Strength & Conditioning / Physical Performance

| Minimum Standards                            | High Performance Expectations                                                                   |
|----------------------------------------------|-------------------------------------------------------------------------------------------------|
| Undergraduate degree in relevant discipline  | Master's level or equivalent postgraduate qualification specialising in Strength & Conditioning |
| ASCA Associate Level 2 Coach (or equivalent) | ASCA Pro Accreditation or level 3 accreditation                                                 |
| Registration with ASCA or ESSA               | ESSA ASpS Level 2 or AHPM Accreditation                                                         |
| First Aid / CPR qualification                | Current ISAK Level 1 accreditation (if doing anthropometrical assessments)                      |

### Sports Science

| Minimum Standards                         | High Performance Expectations   |
|-------------------------------------------|---------------------------------|
| Relevant degree (honours or postgraduate) | PhD or equivalent experience    |
| ESSA ASpS Level 1 accreditation           | ESSA ASpS Level 2 accreditation |

|                               |                                     |
|-------------------------------|-------------------------------------|
| First Aid / CPR qualification | Experience in elite HP environments |
|-------------------------------|-------------------------------------|

### **Sports Dietetics / Nutrition**

| Minimum Standards                        | High Performance Expectations                                                |
|------------------------------------------|------------------------------------------------------------------------------|
| Accredited Practising Dietitian with SDA | Advanced Accredited Sports Dietitian accreditation with SDA                  |
| Current Level 1 ISAK Accreditation       | Postgraduate qualifications in Nutrition or the IOC Sports Nutrition Diploma |
|                                          | Experience in elite HP programs                                              |

### **Psychology**

| Minimum Standards                                                         | High Performance Expectations                                           |
|---------------------------------------------------------------------------|-------------------------------------------------------------------------|
| AHPRA registration                                                        | Postgraduate Sport Psychology qualification or DPsych/PhD in Psychology |
| Eligibility for full membership with the Australian Psychological Society | Experience working with elite athletes, coaches and programs            |
| Applied practice experience                                               |                                                                         |

### **Performance Analysis / Data**

| Minimum Standards                                                                  | High Performance Expectations                                       |
|------------------------------------------------------------------------------------|---------------------------------------------------------------------|
| Relevant degree (sport science / data-related field)                               | Postgraduate degree in a data related field or performance analysis |
| Proficiency with performance analysis tools and business intelligence platforms    | Advanced programming / data capability                              |
| Understanding of the Aust. Privacy Principles and data governance responsibilities | Experience in elite HP environments                                 |
|                                                                                    | Registration with ESSA                                              |