

Supplement Policy- Process for Non-Compliance and Breaches

It is important to note that the process for any non-compliance or breach of the AC Supplement Policy is based on education. There are no punitive measures placed on the player. The process undertaken is in the best interests of the player- to reduce the risk of an inadvertent doping positive and any adverse health outcomes.

Players are encouraged to report (to an AC Sports Dietitian or AC Medical Officer) any consumption of a supplement product that hasn't been prescribed by an AC Sports Dietitian or AC Medical Officer, as it is in their best interests. Should the player test positive in an anti-doping test, the prior reporting of consumption will be factored into considerations when sanctions are handed down.

Non-compliance events:

- Consumption of a product that contains Group A or Group B supplement ingredients from a reputable company (i.e. a company that batch tests some of its product range, has no history of selling products causing a positive anti-doping test, and doesn't sell products containing group D supplements).
- Process:
 1. Player reports to their AC Sports Dietitian or AC Medical Officer that they have consumed the product.
 2. The AC Sports Dietitian then records details (supplement product, ingredients, batch number(s) and date(s) of consumption) in the AMS Supplement Register
 3. The AC Sports Dietitian re-educates the player on the AC Supplement Policy requirements and in turn how this helps to protect the player from an anti-doping positive result and any potential adverse health effects.
 4. The AC Sports Dietitian or AC Medical Officer informs the CA Lead Sports Dietitian who in turn reports this to the Head of CA Integrity, CA Anti-Doping Officer and CA Chief Medical Officer.
 5. No further action is taken*.

Breach events

- Consumption of a product that contains Group C or Group D supplement ingredients from any company, and/or
- Consumption of products from Group A and Group B from an unknown source, unknown company, a company that sells products with Group D ingredients or a company that has sold a product that has resulted in a doping positive test.
- Process:
 1. as per non-compliance process steps 1 to 4.
 2. The CA Anti-Doping Officer will decide if any further details are required (i.e. additional details about the product, could other players have been using the product? etc.)
 3. Further action is not usually required*

* In instances where an individual player has recorded multiple breaches and/or non-compliance events over a period of time (despite being educated multiple times by the AC

Sports Dietitian) or the player has directly supplied other AC players with supplement products, the Head of CA Integrity may choose to write a letter to the player and his/her State Association HPM or CA General Manager, National Teams re-emphasising the need to adhere to the AC Supplement Policy.